



ASSOCIATES OF VIETNAM VETERANS OF AMERICA, INC.
BOARD OF DIRECTOR
Region 7 Report –April 2020

REGION 7: Top priorities is keeping our AVVA members informed, recruiting both new AVVA / VVA members for Dual AVVA Life Membership. I know the Dual Membership is increasing. Great job all! A particular interest of mine is to focus on Secondary PTSD and Spouse Benefits from the VA for our AVVA membership and maintain good communication. Important for all to be informed.

As AVVA Region 7 Director, periodically send out the Flash News and Quarterly Newsletters to Region 7 to acknowledge their accomplishments. With the current COVID-19 crises, I've been sending out information from the CDC for our members to listen to the professionals. I encourage all to be safe and take care of each other. I send out more information on my social media page as several members from Region 7, are on my social media pages where they can gather information. What's more important is the safety of everyone. I've also sent out guidance from AVVA National for elections. I've asked all states to submit nominations for AVVA National Awards for the entire Region. Recognizing our AVVA members is important and much needed for morale.

Texas and Louisiana events are posted on social media so other states can gather their own ideas to have their AVVA thrive. AVVA in Texas, Louisiana and Oklahoma are very active states. I remind the AVVA members not to give up even though it is just the same members or just one or two who do all the work. I reiterate we all go through this situation but continue to push forward and recruit new members.

I find challenges with two states in Region 7, but I do let the AVVA members there know what a great job they do to carry the torch for their state. I support, mentor and provide guidance for their success. The challenges of aging is affecting our Veterans and AVVA members, so I encourage them to stay in touch continue to recruit new members. I also encourage them to send out a card to those in need which makes a difference to our members out there.

I continue to push for classes and speakers on PTSD 2 so our members realize there is assistance with common issues. You are not alone. The VA is a great source for this topic and everyone should take advantage. Knowledge is power!

I let my region know I'm available to assist them with the incorporation of their Chapters/States. I send out information from the Board Meetings and National / Leadership Conferences to share with Region 7. Again, communication is key and encourage State Chapter Reps/Presidents to have their members learn more and keep up with technology.

Currently, I serve as Treasurer for the AVVA State of Texas and President for El Paso AVVA 574, Inc. My door is always open.

Respectfully,

Teresa Rangel
Region 7 Director