

Quarterly Report – Secondary PTSD

April 2024

This February, Eastern Regions Vice-Chair Wynella Bethards, presented an overview of Secondary PTSD. Wynella and AVVA President Sharon Hobbs shared the stage to relate how Secondary PTSD presents, its effect on relationships and how it diminishes quality of life. Discussion followed on how AVVA's Secondary PTSD Program integrates peer support and education to promote the well-being of those affected by the disease.

The Secondary PTSD program team is meeting this month in Silver Spring. Our focus is to develop a viable revitalization strategy and to create a standard format our program presentations.

Nina Schloffel – Program Chair and Western Regions, Training and Implementation

Wynella Bethards – Vice Chair, Eastern Regions, Implementation and Coach

Barbara Coan – Vice Chair, Midwest Regions, Implementation and Coach