Well, 2020 is behind us now, it was a bad year with stay away from friends, military family, regular family and missing the National Conference and Region Three Conference. I hope this year will be better. I finally have the Region Three Heart and Soul Award in hand and I am making plans for delivering it to the winner. The following are the things I always send onto all of the states as soon as I receive them.

- Agent Orange
- Burn Pits
- Spousal Benefits
- At home care
- Web sites offered by Gold Star Wives that may be of interest
- Any, and all things I receive that would help the veterans and their families

I sent out several cards to those I knew that were sick and some that had passed away.

I had the opportunity to meet with several veterans and their families when I helped man a table at the recent gun show. All were surprised to learn about the effects of Agent Orange or any chemicals that they had been in contact with during their military service. Information was distributed to them and they thanked us for the information.

I am working with my Chapter Treasurer on learning more about Excel and Powerpoint, hopefully I am not too old to learn new tricks.

Hope Summers

Region Three Director

AVVA SC State Representative

Chapter 523 President